

## IRC Schedule for 23rd September, 2020

The Interactive radio counselling sessions which can be accessed through radio at frequency 105.6 MHz and through web at the link [www.ignouonline.ac.in/gyandhara](http://www.ignouonline.ac.in/gyandhara) (through mobile by downloading the puffin browser and then using the same web address) for 23rd September are:

1) 10am —11 am (GV)

Topic: Multimedia Teaching Strategies of IGNOU: How to Make the Best Use of Our Facilities  
Expert: Dr Umesh Chandra Pandey & Dr Anshuman Upadhyaya, RC Bhopal

2) 11am—12 pm (GV)

Topic: DECE 1

Expert: Prof Rekha Sharma Sen, SOCE

3) 12pm—1pm (GV)

Topic: Sexual harassment of women at workplace (prevention, prohibition and redressal)  
Act Expert: Dr Gurmeet Kaur, SOL

Gyan Darshan TV, DTH, CABLE TV can be accessed on channel numbers -- AIRTEL- 442, TATA SKY-755, SUN DIRECT- 596, DISH TV - 2423, INDEPENDENT TV- 566, DD FREE DISH- MHRD CHANNEL NO. 25, HATHWAY- 473, IN DIGITAL- 297, DEN- 526, and Gyan Darshan can also be accessed through web link at <http://www.ignouonline.ac.in/gyandarshan/>